

“The term “dissipative mind” might remind to the most famous Varela’s “The Embodied Mind” but this book is something of completely different. First, the authors’ major underlying idea deals with the radical tenet that organisms are dynamics, never machines. Dynamics is something we can describe only via ordered and static modules, codes or logic relations, whereas it may exist without any teleonomy, with the only “purpose” to accomplish its main task along the end orientation: the dissipation. This book shows how the only “direction” of the biological life is the dissipation dynamics, which once starts, cannot stop, without dying. The dynamics obliges anything to “live” in a trembling, unstable condition, where any ordered thing is held only because continuously exchanged via dynamic relations. Cognition itself is a relation, a tireless “up and down” between the “otherness” and the “own self”, is forming in the present, it is not a stored file we get from retrieving the bulk of data, or, at least, this cannot explain many puzzling issues regarding the unusual biological impact of the humaneness. This book attracted my attention, the logical texture of a psychologist, because the authors attempted a bold effort to reach the “hard problem” starting from the apparently “crude” biology. I think honestly that this book deserves to be read and expanded in those fields where science debates too much little about the human being.”

**Nicola C. Capobianco, Ph.D.**

Psychologist and Psychotherapist

Tecno Bios S.S. Appia km 7 zona P.i.p.

Apolloso (Benevento), Italy