

Book Review

Endometriosis: A Multidisciplinary Approach

Editors: M. Eulalia Fernandez Montoli, Luis Giné Martinez and Jordi Ponce Sebastia

It is a comprehensive book, with an adequate approach to endometriosis and the multidisciplinary focusing that this disease needs. It is written in a simple and understandable language, enabling its use for consultation and learning for medical students, residents and specialists in gynecology. Even so, it is a very comprehensive book that can be used as a reference in the specialized units of endometriosis.

Book highlights the concept of endometriosis as a global disease requiring multiple professionals in its management. Moreover, an updated review of new technologies and trends are included about the origin, diagnosis, monitoring, treatment and health care of patients with endometriosis. Also includes references to other therapies, not specific of conventional medicine, which can be useful.

In its overview of the endometriosis, the book examines all possible situations that are actually presented in daily clinical practice, trying to answer the questions that most concern to the professionals from an objective point of view and rationality; as well provide useful potential clinical tools needs to resolve the most of troubles found in the office and hospital.

This book is written by Spanish professionals with extensive knowledge in the management of endometriosis, which provides to the book reflections based on the own experience, very helpful for the reader who is beginning to know this disease.

The presence of summaries and practice key points in each chapter allows to the reader a quick overview of what can be found in the text, besides, they help to make an oriented reading and search for relevant information to be transfer to the clinical practice.

The book is well focused on the surgical treatment, offering a good update in the different techniques, providing the options available and more efficient. It is a good reference for surgical teams responsible for invasive treatment of this disease.

This book definitely will have a place on the large stage of medical publications about endometriosis.

Reviewed by Pluvio Coronado, Spanish Society Laparoscopic Surgery (SECLA)